

# **SOUTH AFRICAN ASSOCIATION OF HERBAL PRACTITIONERS**

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## **SAAHP Meeting minutes**

**Held on 02 September 2017 at EERU, UWC, Cape Town**

**Chairperson: Dr Catherine van Dorsten**

### **Opening and Welcome**

### **Administration**

**Members Present:** Dr's Sonia Couto, Mariyam Kisten, Catherine Van Dorsten, Leonie Curtolo, Caryn Schubert, Carla Boswell, Ndimphiwe Gwebani, Kerry Haarhoff, Wendy Staak

### **Apologies:**

**Meeting is ratified by:** Previous meetings will be ratified via email

### **Announcements:**

All meetings will start at 8:30 to comply with Allied health regulations of a full two hour per session with a 30 minute break in between.

Catherine will be stepping down at the end of the year. Nominations will be done in our AGM and that person's term will start 2018

### **Cannabis usage**

The way others are getting around the legality of accessibility of cannabis is by registering cannabis as a food supplement and has no health claims and that is how they getting past the

legal. Exionol and coin are the two companies doing it and this can be found in health shops over the counter.

### **Feedback from Cannabis workshop**

A cannabis workshop will be done next year on in the year with Craig's presentation. Those that attended the last one will have access to attend the new one at either a discounted price or if its only Dr Craig Wright's presentation then for free.

The notes will be made available to those that requested them as they weren't able to attend at a third of the price and it will be added to the SAAHP library a year after the workshop for SAAHP members only.

There has been a lot of positive feedback with regards to the workshop from those that attended and others that developed interest in SAAHP.

General points and overview of the workshop are:

- They loved Dr Connie Meyers talk the most
- They felt that there wasn't enough time allocated to Dr Wendy's Staak talk
- There was no negative feedback except one person that got a bit annoyed with the unplanned discussions
- Everyone expressed that they would love to attend the next event and look forward to it.

### **Journals**

Submissions are done and those that wish to gain CPD points from the journal can answer the questions and forward the answers to Catherine (I am not sure who the relevant person is....).

Next date for submission is 30 September 2017 to Sonia for a second journal for 2017

### **Introducing the portfolio concept:**

This will be formally presented at our last meeting on the 25 November

Official executive roles of SAAHP are essentially only 4

- Chair
- Vice- chair
- Secretary

- Treasurer

This should be in full swing by the end of the year.

We will do a draft of all the different roles needed and it needs to be filled in the next meeting and be active by SAAHP members. These roles will be linked to aims and objectives for the next 5 years and align with goals that we as an organisation would like to achieve.

This is an initiative to structure SAAHP and to increase number of members to ensure the growth and development of our profession by creating a safe haven and information hub to uplift and empower the Phytotherapy community and the public at large.

The main types of events that we need to look into are:

- Workshops
- Socials
- Outreach events
- Conferences

## **AOB**

- Gifting and wishing Carla Boswell
- Reporting back from SONM by UWC liaison
  - o Dr Campbell has stepped down as HOD
  - o Clinical supervision will earn you CPD points per hour supervision and this should be kept in mind with regards to the opening of Bellville Medical Clinic (BMC) next year.

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Date of our next meeting – 25 November 2017

This will be our AGM at Babylontoren

Closing: 10:35