

# **SOUTH AFRICAN ASSOCIATION OF HERBAL PRACTITIONERS**

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## **SAAHP Meeting minutes**

**Held on 03 March 2018 at 1 Uitkamp Close, De Bron, Bellville**

**Chairperson: Dr Leonie Curtolo**

### **Opening and Welcome**

### **Administration**

**Members Present:** Dr's Sonia Couto, Mariyam Kisten, Catherine Van Dorsten, Leonie Curtolo, Caren Hauptfleisch, Connie Meyer, Kerry Haarhoff, Craig Wright, Kerry Haarhoff,

**Apologies:** Dr's Lauren, Craig wright, Sarah Le Grange, Lauren Sacht, Barbara Lewis, Tammi O'Flynn, Mary-Saskia Carpenter, Carla Boswell, Sanien de Beer, Caryn Schubert

**Meeting is ratified by:** Dr's Sonia Couto, Kerry Haarhoff

### **Announcements:**

#### Agenda

- Herbal medicine collaboration
- Journal submission, Talks and social media events
- Facebook marketing

- SAAHP bank account
- Medical aid tariffs
- Second Southern African congress of Integrative medicine

### **Herbal material collaboration**

#### **This will include the following:**

Sustainable medicine that feeds into compounding and dispensing herbal medicine for practitioners.

Training gardeners and farmers on growing herbal medicine that has quality of herbs.

Regulation of the process and putting strategies in place to facilitate all possible conditions

#### **SAAHP involvement:**

Phytotherapy members that want to get involved

Quantities of is needed in practices of members so we have an estimate so we can establish a sustainable source of herbs.

It becomes a portfolio on SAAHP and that practitioners takes on the responsibility of it.

Law regulation 54 stops you from making it a personal business and therefore it should be strictly done under the banner of SAAHP.

#### **Ideas we can utilise:**

*Harvest of hope* has a nice infrastructure on how they sell the herbs. i.e. a list of herbs available on their website as they available and practitioners have first preference to it.

#### **End goal**

Sustainable quality herbs for all practitioners governed by SAAHP

A possible course be made available to phytotherapy practitioners and how to incorporate it into SAAHP so we as an association to benefit.

Building and sharing knowledge of herbal medicine and therefore growing the profession

This will be headed by Dr's Caren Hauptfleisch, Leonie Curtolo, Catherine Van Dorsten

### **Journal submission, Talks and social media events**

#### **Journal submission**

This will be done as soon as enough articles are collected. Therefore a call is made to submit your articles as soon as possible.

#### **Ideas put on the table:**

- Practitioner of the month feature on social media by SAAHP marketing team to give each SAAHP member a boost with regards to coverage and exposure.
- SAAHP members be given a choice between receiving pamphlets or R350 boosters on social media.

#### **CPD 2019**

All dates should be communicated by the 3rd meeting which falls on the 1 September. These dates will then be communicated to all SAAHP members and they will be given a deadline by the AGM to finalise the SAAHP calendar for 2019. This includes dates, type of event, speakers, topic and all logistics revolving around the event. This will ensure that we are prepared and sorted for the upcoming year.

## **Facebook marketing**

### **Application for SAAHP members CPD activity for 2019**

SAAHP has decided that part of the benefit of being a member is that we will take responsibility for the application of all independent workshops hosted by all members in 2019 and place it on our calendar as well as post your advertisement around it on social media to increase your coverage and attendance to your personal workshop. This will be a huge boost to all practitioners and aid them in growing a social media community via SAAHP. This will only be possible if the following guidelines is adhered to:

- All dates of all workshops of all SAAHP members should be communicated and finalised so that a CPD application can be processed in one setting and members don't have to pay for it as it's part of their membership.
- All important information is communicated so that we can make it one application (This will be no extra cost to SAAHP and it will be enough time for it to be advertised on the website and for us to orientate ourselves for the upcoming year).
- Information that is needed:
  - Logistics around the event such as date, time, venue, type of event, amount of attendees, level of CPD, type of evaluations being done afterwards etc
  - Speakers CV
  - Brief overview of what will be discussed at the event

*Disclaimer: I'm sure it will take a load off from them if they don't have to stress about it and that we do that admin for them - added benefit to being a member*

### **SAAHP bank account**

- We need to register as an NPO first (Consult Dr Gower)
- This needs to then first be sorted out before we can move forward and access our money freely.
- Dr Sarah Le Grange needs to be relieved of her duties and Dr Kerry Haarhoff needs access to the account.

### **Medical aid tariffs**

This needs to be sorted out and SAAHP can consult with Dr Gower about this

Protocol that needs to be followed:

90% of practitioners need so supply us with the prices of their herbs. This will be averaged and then the codes will be generated. This is about +/- 40 practitioners as we around 50 registered with Allied health.

### **Second Southern African congress of Integrative medicine**

The chair will find out if SAAHP can get a discount to attend for those interested in attending. Feedback will be given in the next meeting if possible.

### **AOB**

#### **Alcohol at a cheaper price**

Good quality Cane spirit 96% alcohol

Take your own bottle

Price- R200/l

### Details of person

*Name: Elsabel dahl*

*Email: ed@oudemolen*

*Tel: 0218592517*

### **Allied health update from Dr Craig Wright**

- Allied health will be enforcing a board exam at the end of 2018. Examiners will be sourced from professional board and practitioners. Therefore please respond to the call when it comes.
- Dr Craig will be officially resigning and therefore there will be a call for another person for counsel within the next few months. Discuss this amongst SAAHP members and establish who would like to take up the post.
- An amendment was made for an equal amount of Professional board members for each profession as Phytotherapy only has 2 and the others have 3. This is still in progress and feedback at the next meeting will be given if possible.

### **Venue changes for meetings in 2018**

The decision was made to change the venue's of all meetings except the AGM which will remain at Kirstenbosch gardens.

#### New venues:

2 June – Dr Leonie Curtolo house at 1 Uitkamp Close, De Bron, Bellville

1 September – Dr Sonia Couto mother's house (*Add Address*) [Sonia please let me know what the address is so I can communicate it to anyone else that would like to attend.]