



SOUTH AFRICAN ASSOCIATION OF REGISTERED PHYTOTHERAPISTS

5th October 2021

Special interest group meeting

PBHNP: 8:2021 LEVEL 1.A.4

AGENDA POINTS:

Opening and welcome: Attended by Dr. Connie Meyer, Dr. Mary Saskia Carpenter, Dr. Sonia Couto, Dr. Caren Hauptfleisch, Dr. Zingisa Mbono, Dr. Sanien De Beer, Dr. Wendy Staak, Dr. James Campbell, Dr. Catherine van Dorsten, Dr. Portia Tonie

Administration and apologies: Dr. Lauren Sacht, Dr. Leonie Curtolo, Dr. Carla Boswell, Dr. Tammi O'Flynn

Minutes of the previous meeting: Ratified by Dr. Connie Meyer, Seconded by Dr. James Campbell

Update on Member Portal

The member portal is busy being categorised and we are uploading the different types of documents. We hope for it to be completed before the AGM.

Update on Lectures for the year

After a few step backs, we started to look externally for lecturers and we are excited to announce that you should 'save the date' for the 17th of November for a talk by Alex Laird from the UK.

Alex runs the herbal clinic in dermatology at Whipps Cross University Hospital, which she set up in 2000 with Dr Anthony Bewley. Since then she has also practised at the Breast Cancer Haven support centre, co-ran a pilot clinical trial in knee osteoarthritis and is a visiting lecturer. Alex is founder director of Living Medicine (www.livingmedicine.org), a charity that teaches people how to use food and herbs in everyday self-care, exchanging knowledge between cultures, as a vital part of NHS's aim to create healthy communities. Alex has been a council member for CPP for many years. We look forward to hosting a lecture by her on the topic of Dermatology.

Journal Submissions

We now have 2 or 3 journal entries for our Journal of Phytotherapy. If you have been thinking about submitting a written piece, please let us know. There is still time to do so! If you are concerned about referencing and the style of the article, please let us know and we can provide support for you.

Update on UJ meeting

Dr. Caren Hauptfleisch and Dr. Sonia Couto met with the students of the Phytotherapy Programme at the University of Johannesburg. The students were very receptive to the information and we now have 1 student member already. They will be informing us of their elected student representative soon and then we can liaise with the students accordingly.

Update on meeting with UWC

Dr. Caren Hauptfleisch and Dr. Sonia Couto met with Dr. Kristian Leisegang and discussed potential collaborations. They will meet with the students of the Phytotherapy Programme this week and find out how to best liaise with them.

PDF pamphlet on saarp/phytotherapy

There was no content sent to us on the PDF version of a pamphlet. If anyone would like to attempt this between now and the AGM, please contact us. We are still open to creating this.

Updates on case study collation

Dr. Mary-Saskia Carpenter has created a template for documenting case studies related to COVID and 'long COVID'. If you have any interesting cases on these topics, please let us know. We would like to gather information on this topic and publish a journal dedicated to it.

Troubleshooting jitsi doc

During our last meeting, a troubleshooting doc was suggested for the JITSI platform. What aspects of JITSI do members struggle with? What content would they appreciate in this doc? - *The members would like some information on how to change their name once they're in the call.*

LinkedIn profile

We would like to formalise SAARP as much as possible. We had the idea of getting SAARP onto the LinkedIn platform. Would members utilise/follow this platform? Would it be useful for your career? <https://www.business2community.com/linkedin/how-to-start-using-linkedin-for-nonprofits-02256448> - members saw the value in this. We would like someone to volunteer on this project.

NEC roles for next year

We are looking for a Vice Chair to be voted in with the vision of them being trained for the role of Chairperson. Would you like to be mentored for this role?

Furthermore, we have been running the NEC without a full board of members for a couple of years. We would really like every seat of the NEC to be filled so that we can continue to take on projects and make an impact on the profession. Please think about taking up this opportunity to lead and make a difference.

AOB

Please take a moment to fill in this type form. We need to hear from you so that we can make positive changes and suggestions during our next AGM. <https://forms.gle/5zWUUh9gDB3yD5RmF9>

- *most responded that their favourite part of SAARP were the lectures and the fellowship. These were the suggestions about future projects:*

I am optimistic about the journal and hopefully also more collaboration with other similar organizations internationally e.g. to join in the events of the British Herbal Guild or the Plant Summit or the American Botanical Council

Mentorship would be lovely!!!

Covid-19

Would love some planting advice and identification of herbs. Also more on use of local herbs.

More lectures

Case studies and workshops with a theme

Make sure invoices and receipts are sent together at the beginning of the year.

Closing