



# SOUTH AFRICAN ASSOCIATION OF REGISTERED PHYTOTHERAPISTS

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## SAARP Meeting Minutes Held online on 9th June 2021

**AHPCSA CPD Guidelines:** Special interest group meeting  
**PBHNP:** LEVEL 1.A.4

Chairperson: Dr. Sonia Couto

### Opening and Welcome

Introduction of new members from all three categories. 24 Full members, 2 Student members and 2 Fellow members for the year.

### Administration

Members present: Dr. Sonia Couto, Dr. Caren Hauptfleisch, Dr. Simone Amann, Dr. Catherine van Dorsten, Dr. Mary Saskia Carpenter, Dr. Connie Meyer, Lufuno Maphaha, Dr. Sanien De Beer, Dr. Portia Tonie.

Apologies: Dr. Wendy Staak, Dr. John Taylor, Dr. Tammi O'Flynn, Dr. Craig Wright.

### Minutes of previous Meeting

The minutes of the previous meeting (29<sup>th</sup> August) were ratified by Dr. Caren Hauptfleisch and seconded by Dr. Sonia Couto

### Nomination for Council

Dr. Simone Amann has been nominated to represent Phytotherapy at Council. Proposed by Dr. Sonia Couto and seconded by Dr. Caren Hauptfleisch.

### Updates on various projects

1. Journal to be created this year (more on this later)

2. Balens sister company to be contacted for Insurance for practitioners  
*We have received a discounted offer for insurance for members of the association through Vanguard.*
3. Meet with Phytotherapy students  
*Dr. Hauptfleisch and Dr. Couto will be meeting with the students at UJ in September this year and will provide feedback afterwards.*
4. Website finalized  
*The front face of the website is finalized (bar the changes to the members page, which are currently under way). The last phase is to finalise the member portal.*
5. Contact First Aid companies for group discounts  
*Remember to make sure your first aid certification is up to date before the CPD cycle ends this month. As well as your ethics and jurisprudence certification. Dr. Caren Hauptfleisch was also informed that there will be changes to the requirements and study of First Aid. We will forward the communications.*
6. Advertise lectures widely to raise money  
*We have not yet received any suggestions for lectures and, therefore, have not been able to apply for CPD or advertise. (more on this later).*
7. Social Media to be more oriented towards promoting what standards are held by a Phytotherapists.  
*We have created our first bit of content, but require support on these projects as we are short on numbers within the NEC.*

## Call for Volunteers

1. Call for volunteers for Journal Submissions – *Dr. Connie Meyer and Dr. Catherine van Dorsten have indicated that they are working on an article. We would appreciate any additional articles to be provided.*
2. Call for volunteers for Social Media Management – *Dr. Connie Meyer has volunteered to supply some photos and content. Additional support would be appreciated.*
3. Call for volunteers or suggestions for lectures – *Dr. Portia Tonie will contact someone she knows, as will Dr. Catherine van Dorsten and Dr. Meyer. If anyone else has any suggestions or connections, please let us know. It was suggested that we contact some ‘big players’ such as Mills and Bones, Lucy at Myroben clinic and various associations around the world.*
4. Call for volunteers for NEC positions – *Dr. Mary Saskia Carpenter was voted in as treasurer. Proposed by Dr. Sonia Couto and seconded by Dr. Caren Hauptfleisch.*

## Additional comments from the Professional Board Meeting

1. Informing members of the POPI Act – (Protection of Personal Information – coming into effect from 1 July 2021 e.g. both the Homeopathic and Chiropractic associations got a legal opinion about it and informed all their practitioners what to do). *The NEC will reach out to the homeopathic association and enquire about how they are dealing with it.*
2. We will need at least 2 professional board members by September 2022. Please think about whether or not you could take on this role.

3. In the next CPD cycle you will be all encouraged to do a DISPENSING course in order to obtain a Dispensing license. (Ideally as a Phytotherapy Practitioner you want a compounding and dispensing licence – but currently there is no training available yet).
4. Practitioners can still register for Covid Vaccines if they wish to according to previous instructions issued by AHPCSA.
5. Ensure Payment of Council Registration fees BEFORE the end of July 2021, else your BHF Practice number can be implicated. Contact AHPCSA if you need to make payment plan arrangements.

Any other business

Closing